

**Here And Now**  
**Seether**

BAND - SEETHER

SONG - HERE AND NOW

ALBUM - HOLDING ON TO STRINGS BETTER LEFT TO FRAY

tab by Lukas\_Nukas

This is just a tab that I thought should be on here. Sure to be some mistakes, so please

comment if you find any or have any additions (such as the solo).

INTRO (Lead)

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e|-----10-----10---7-----|
B|-----8--8-----8--8-----7-----|
G|-----|
D|-----|
A|-----|
E|-----|
```

(X4)Then move this same pattern along the chords (8 & 10 is a G for instance) A similar pattern is used for the lead in the verses

INTRO (Rhythm) **G - Bm - C - Am** (Power chords work the best here)

VERSE

**G**  
This fear has me chilled down to the bone.

**Em7**  
And I have been haunted by these

**C** **D**  
Things I still have left to say

**G**  
I m weary of fighting this alone

**Em7**  
So tired of holding on to

**C** **D**  
Strings much better left to fray. And I said

CHORUS

**G** **Bm**  
Hear me now here and now I m calling

**C**  
Memories wear me down and this seems so complicated when

**Am**  
All I want is just the truth.

VERSE 2 same as before

CHORUS 2 just play the same chorus twice.

BRIDGE

**Bb** You re my savior after all **G**

**Bb** Use your flame to guide me home **G**

**Bb** Lay your hand on me

SOLO (Didn t wanna take the time to tab it, plus I doubt I could accurately.)

Rhythm for the solo is the same as the chorus.

FINAL CHORUS play twice.

End on G and do the lead for the intro again.

I got the lyrics from this site if you re looking for those as well.  
[http://www.lyricsmode.com/lyrics/s/seether/here\\_and\\_now.html](http://www.lyricsmode.com/lyrics/s/seether/here_and_now.html)

Hope these chords work out for you. Please comment any issues. =)