Anxiety (feat. Julia Michaels) Selena Gómez C Am My friends, they wanna take me to the movies Dm G I tell em to fuck off, I m holding hands with my depression C Am And right when I think I ve overcome it Dm G Anxiety starts kicking in to teach that shit a lesson С Am Oh, I try my best just to be social Dm G I make all these plans with friends and hope they call and cancel Am Then I overthink about the things I m missing Dm G Now I m wishing I was with em С Am Feel like I m always apologizing for feeling Dm Like I m out of my mind when I m doing just fine C Am And my exes all say that I m hard to deal with Dm G And I admit it, yeah C Dm Am G But all my friends, they don t know what it s like, what it s like С Am Dm G They don t understand why I can t sleep through the night C Am Dm G I ve been told that I could take something to fix it C Am Dm G Damn, I wish it, I wish it was that simple, ah С Am Dm G All my friends they don t know what it s like, what it s like С Am Always wanted to be one of those people in the room Dm That says something and everyone puts their hand up Like: If you re sad put your hand up Am If you hate someone, put your hand up Dm G If you re scared, put your hand up

 C
 Am

 Feel like I m always apologizing for feeling

 Dm

 Dm

 C

 And my exes all say that I m hard to deal with

 Dm

 G

 And I admit it, it s true

C Am Dm G But all my friends, they don t know what it s like, what it s like С Am Dm G They don t understand why I can t sleep through the night C Am Dm I ve been told that I could take something to fix it C Am Dm G Damn, I wish it, I wish it was that simple, ah C Am Dm G All my friends they don t know what it s like, what it s like C Am I got all these thoughts running through my mind Dm G

All the damn time and I can t seem to shut it off C Am I think I m doing fine most of the time Dm G I think that I m alright, but I can t seem to shut it off С Am I got all these thoughts running through my mind Dm G All the damn time and I can t seem to shut it off C Am I think I m doing fine most of the time Dm G I say that I m alright, but I can t seem to shut it off C Am Dm G Shut it, shut it, yeah

C Am Dm But all my friends, they don t know what it s like, what it s like G С Am Dm They don t understand why I can t sleep through the night С Am Dm I ve been told that I could take something to fix it С Am Dm G Damn, I wish it, I wish it was that simple, ah Dm С Am G All my friends they don t know what it s like, what it s like

C Am Li-i-i-ike Dm G What it s like, what it s like **C** Am Hmm-mm-mm, mmm **Dm G** What it s like

(I love this song)