

**One Of Those Days**

**Shaun Groves**

**F#-** 244322  
**Ebm7-** XX1322  
**G#m7-** 464474  
**B-** X24442  
**C#-** X46664  
**Bm-** X24432

Verse 1: (Lead guitar and piano only)

At the risk of sounding shallow  
Maybe trivial or trite  
Emotional or mellow  
Well, how can I say this right?

Guess I m not the kind that figures  
Life s all rainbows and blue skies  
Still, I just can t help but notice  
I ve got no good cause to cry

Chorus: (Strum the F# only the first time through and let it echo while the lead guitar continues)

**F#** **Ebm7**  
And it s just been one of those days, one of those days  
**G#m7** **B**  
Every glass half full, every drop lemonade  
**F#** **Ebm7**  
Been one of those days, one of those days  
**G#m7** **B**  
All my worries to bed, my faith wide awake  
**Ebm7** **B** **Ebm7** **B**  
Hey, hey, hey, just one of those days  
**F#**  
Just one of those days

Verse 2:

**F#**  
And there s a smile I can t turn down  
  
For a dance across my face  
**B** **G#m7**  
And the way I see things now, a frown  
**B** **C#**  
Would just be out of place  
**F#**  
Cause I know you re in your heaven

Yeah, with both hands on the wheel

**B**

**G#m7**

And somehow this simple knowing

**B**

**C#**

Has affected how I feel

(Chorus)

Bridge:

**G#m7**

**Bm**

You know I m not blind to imperfection

**B**

I m still a realist by trade

**G#m7**

**Bm**

A pragmatic, pessimistic

**B**

**C#**

Overthinker on a break

Chorus 2:

**F#**

And it s just been one of those

Just one of those

**F#**

Just one of those days

(Chorus)

Ending:

**Ebm7**

**B**

Hey, hey, hey

**F#**

**Ebm7**

**G#m7**

**B**

Thank you

**F#**

**Ebm7**

**G#m7**

**B**

Thank you

(Piano outro)