

**My Hands Are Shaking**  
**Sondre Lerche**

Sondre Lerche  
My hands are shaking  
[Chorus 1]

**G** **B7**  
My hands are shaking  
**C** **B7**  
from carrying this torch  
**C** **D7** **G** **D7**  
carrying this torch for you

**G** **B7**  
My lips are bleeding  
**C** **B7**  
from kissing you goodbye  
**C** **D7** **G** **D7**  
kissing you goodbye every night

**G** **B7**  
My sheets are tearing  
**C** **B7**  
from sleeping in too long  
**C** **D7** **G** **D7**  
sleeping in too long with you

**G** **B7**  
My hands are shaking  
**C** **B7**  
from carrying this torch  
**C** **D7** **G**  
carrying this torch for you

[Verse 1]

**Am** **C#m**  
My head is where  
**F#m**  
it s always been  
**F#m7** **B7** **E** **E7**  
if only I knew where

**Am**  
My feet can t stand  
**E** **G#m** **A**  
that ground no more  
**G#m** **F#m** **B7** **C**  
It seems that I don t care

[Chorus 2]

**G B7**  
My hands are shaking  
**C B7**  
from carrying this torch  
**C D7 G D7**  
carrying this torch for you

**G B7**  
My lips are bleeding  
**C B7**  
from kissing you goodbye  
**C D7 G**  
kissing you goodbye every night

[Verse 2]

**Am C#m**  
My heart is pounding  
**F#m**  
yes yes yes  
**F#m7 B7 E E7**  
My mind just second guess  
**Am**  
My love is so  
**E G#m A**  
Ar-ti-cu -late  
**G#m F#m B7 C**  
I am such a mess

[Chorus 3]

**G B7**  
My hands are shaking  
**C B7**  
from carrying this torch  
**C D7 G D7**  
carrying this torch for you

**G B7**  
My lips are bleeding  
**C B7**  
from kissing you goodbye  
**C D7 G D7**  
kissing you goodbye is all that I do

**G B7**  
My hands are shaking  
**C B7**  
from carrying this torch  
**C D7 G D7**  
carrying this torch for you

**G B7**  
I said my hands are shaking  
**C B7**

from carrying this torch  
**C**                    **D7**            **G**  
carrying this torch for you

[Outro]  
**G B7 C B7 C D7 G D7**  
**G B7 C B7 C D7 G**

**B7:**

e		-2-----	
B		-0-----	
G		-2-----	
D		-1-----	
A		-2-----	
E		-x-----	