

One More Go  
Sponge

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Email: \*

Tuning: Standard EADGBE  
Guitar: Rhythm/Ska

Ok, this is my first tab, written down atleast.  
You ll need to listen to the song for the rhythm and the vibrato lengths.  
It sounds ok to me, accurate atleast.  
Hope this is ok =D

Intro:

```

e |-----|
B |-----|
G |-----|
D |-----4-5-4--7-5-4-----|
A |----5 5-----5--2--5-----4-7-4-----|
E |-----3-----5-5-----| x4

```

Verse:

```

e |-----|
B |-----|
G |----7-7-7-7-7-----|
D |----7-7-7-7-7-----|
A |----5-5-5-5-5-----|
E |-----|
(Continous until Somebody save me )

```

It can t be much longer...

```

e |-----|
B |-----|
G |----7---7-----|
D |----7---7---5---7-----|
A |----5---5---5---7-----|
E |-----3---5-----| x2

```

There ain t nobody gonna tell me...

Ska Riff:

```

e |-----x-2-x-2-x-2-x-2---x-3-x-3---x-5-x-5-----|
B |-----x-3-x-3-x-3-x-3---x-3-x-3---x-5-x-5-----|
G |-----x-2-x-2-x-2-x-2---x-4-x-4---x-6-x-6-----|

```

D |-----|  
A |-----| x4  
E |-----|

You ever slipped up ...

Chorus:

e |-----|  
B |-----|  
G |----7-7---7-7-----7-7---7-7-----|  
D |----7-7---7-7---5-5---7-7---7-7---7-7---5-5---7-----|  
A |----5-5---5-5---5-5---7-7---5-5---5-5---5-5---7-----| x2  
E |-----3-3---5-5-----3-3---5-----|

Wo-o-o-o-o-ah...

Ska Riff 2:

e |-----x-2-x-2-x-2-x-2---x-3-x-3---x-5-x 5-----|  
B |-----x-3-x-3-x-3-x-3---x-3-x-3---x-5-x-5-----|  
G |-----x-2-x-2-x-2-x-2---x-4-x-4---x-6-x-6-----|  
D |-----|  
A |-----|  
E |-----|

Don t you self harm...

e |-----x-2-x-2-x-2-x-2---x-3-x-3---x-5-----|  
B |-----x-3-x-3-x-3-x-3---x-3-x-3---x-5-----|  
G |-----x-2-x-2-x-2-x-2---x-4-x-4---x-6-----|  
D |-----|  
A |-----|  
E |-----|

Think your life needs...

e |-----x2x2x2x2x2x2x2x2-x3x3x3x3-x5x5x5x5-----|  
B |-----x3x3x3x3x3x3x3x3-x3x3x3x3-x5x5x5x5-----|  
G |-----x2x2x2x2x2x2x2x2-x4x4x3x3-x6x6x6x6-----|  
D |-----|  
A |-----| x2  
E |-----|

Maybe it s time to make a difference...

Chorus:

e |-----|  
B |-----|  
G |----7-7---7-7-----7-7---7-7-----|  
D |----7-7---7-7---5-5---7-7---7-7---7-7---5-5---7-----|  
A |----5-5---5-5---5-5---7-7---5-5---5-5---5-5---7-----| x2

E | -----3-3--5-5-----3-3--5----- |

Wo-o-o-o-o-ah...

Filler:

e | -----  
B | -----  
G | ----7~-----7-7-7-7~-----  
D | ----7~-----7-7-7-7~-----  
A | ----5~-----7-7-7-7~-----  
E | -----

e | -----  
B | -----  
G | ----7-7-----  
D | ----7-7--5-5--7-7--5-5-----  
A | ----5-5--5-5--7-7--5-5-----  
E | -----3-3--5-5--3-3-----

wo-ah...

e | -----  
B | -----  
G | ----7-7-7-----  
D | ----7-7-7--5-5-5--7-7-7--5-5-5-----  
A | ----5-5-5--5-5-5--7-7-7--5-5-5-----  
E | -----3-3-3--5-5-5--3-3 3-----

wo-ah...

e | -----  
B | -----  
G | ----7-7-7-7-----  
D | ----7-7-7-7--5-5-5-5--7-7-7-7--5-5-5-5-----  
A | ----5-5-5-5--5-5-5-5--7-7-7-7--5-5-5-5-----  
E | -----3-3-3-3--5-5-5-5--3-3-3-3-----

wo-ah...

e | -----  
B | -----  
G | ----7-7-7-7-----  
D | ----7-7-7-7--5-5-5-5--7-7-7-7--5-5-5-5-----  
A | ----5-5-5-5--5-5-5-5--7-7-7-7--5-5-5-5-----  
E | -----3-3-3-3--5-5-5-5--3-3-3-3-----

Don t just say no...

e | -----  
B | -----  
G | ----7-7-7-7-----

```

D|-----7-7-7-7---5-5-5-5---7-7-7-7---5~-----|
A|-----5-5-5-5---5-5-5-5---7-7-7-5---5~-----|
E|-----3-3-3-3---5-5-5-5---3~-----|

```

Don t just say no, Come on let go!

Chorus:

```

e|-----|
B|-----|
G|-----7-7---7-7-----7-7---7-7-----|
D|-----7-7---7-7---5-5---7-7---7-7---7-7---5-5---7-----|
A|-----5-5---5-5---5-5---7-7---5-5---5-5---5-5---7-----| x2
E|-----3-3---5-5-----3-3---5-----|

```

Wo-o-o-o-o-ah...

End:

```

e|-----|
B|-----|
G|-----7~-----|
D|-----7~-----|
A|-----5~-----|
E|-----|

```

- : -Intro
- : -Verse
- : -Ska Riff
- : -Chrous
- : -Ska Riff 2
- : -Chorus
- : -Filler
- : -Chorus
- : -End

| ~ Vibrato  
|x Mute note

It can t be much longer  
Can t be much longer  
Won t somebody tell me?  
I m not going under  
Not going under  
Won t somebody save me?

There ain t nobody gonna tell me  
Nobody s gonna say they told me so  
If there s a weight up on my shoulder  
I just let go

You ever slipped up  
Been tripped up  
Now you re staring at the paper with your lip cut  
And you re thinking  
That it s useless  
Thinking maybe this life don t suit us

Nobody s gonna tell you different  
Nobody s got a special way to show  
So if you wanna last the distance

[Chorus]

Wo-o-o-o-o-ah,  
Wo-o-o-o-o-ah,

Don t you self harm  
Pick yourself up  
If you re thinking bout moaning just belt up  
Think your life needs  
Liposuction  
At the very least on attitude reduction

Maybe it s time to make a difference  
Maybe it s time to say I told you so  
If you are gonna last the distance

Wo-o-o-o-o-ah,  
Wo-o-o-o-o-ah,

Wo-ah  
Wo-ah  
wo-ah  
wo-ah x3

Don t just say no  
Say I think so  
Don t just say no  
Come on let go!

Wo-o-o-o-o-ah,  
Wo-o-o-o-o-ah,