

One More Go
Sponge

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Email: *

Tuning: Standard EADGBE
Guitar: Rhythm/Ska

Ok, this is my first tab, written down atleast.
You ll need to listen to the song for the rhythm and the vibrato lengths.
It sounds ok to me, accurate atleast.
Hope this is ok =D

Intro:

```

e |-----|
B |-----|
G |-----|
D |-----4-5-4--7-5-4-----|
A |----5 5-----5-----2--5-----4-7-4-----|
E |-----3-----5-5-----| x4

```

Verse:

```

e |-----|
B |-----|
G |----7-7-7-7-7-----|
D |----7-7-7-7-7-----|
A |----5-5-5-5-5-----|
E |-----|
(Continous until Somebody save me )

```

It can t be much longer...

```

e |-----|
B |-----|
G |----7---7-----|
D |----7---7---5---7-----|
A |----5---5---5---7-----| x2
E |-----3---5-----|

```

There ain t nobody gonna tell me...

Ska Riff:

```

e |-----x-2-x-2-x-2-x-2---x-3-x-3---x-5-x-5-----|
B |-----x-3-x-3-x-3-x-3---x-3-x-3---x-5-x-5-----|
G |-----x-2-x-2-x-2-x-2---x-4-x-4---x-6-x-6-----|

```

D |-----|
 A |-----| x4
 E |-----|

You ever slipped up ...

Chorus:

e |-----|
 B |-----|
 G |-----7-7---7-7-----7-7---7-7-----|
 D |-----7-7---7-7---5-5---7-7---7-7---7-7---5-5---7-----|
 A |-----5-5---5-5---5-5---7-7---5-5---5-5---5-5---7-----| x2
 E |-----3-3---5-5-----3-3---5-----|

Wo-o-o-o-o-ah...

Ska Riff 2:

e |-----x-2-x-2-x-2-x-2---x-3-x-3---x-5-x 5-----|
 B |-----x-3-x-3-x-3-x-3---x-3-x-3---x-5-x-5-----|
 G |-----x-2-x-2-x-2-x-2---x-4-x-4---x-6-x-6-----|
 D |-----|
 A |-----|
 E |-----|

Don t you self harm...

e |-----x-2-x-2-x-2-x-2---x-3-x-3---x-5-----|
 B |-----x-3-x-3-x-3-x-3---x-3-x-3---x-5-----|
 G |-----x-2-x-2-x-2-x-2---x-4-x-4---x-6-----|
 D |-----|
 A |-----|
 E |-----|

Think your life needs...

e |-----x2x2x2x2x2x2x2x2-x3x3x3x3-x5x5x5x5-----|
 B |-----x3x3x3x3x3x3x3x3-x3x3x3x3-x5x5x5x5-----|
 G |-----x2x2x2x2x2x2x2x2-x4x4x3x3-x6x6x6x6-----|
 D |-----|
 A |-----| x2
 E |-----|

Maybe it s time to make a difference...

Chorus:

e |-----|
 B |-----|
 G |-----7-7---7-7-----7-7---7-7-----|
 D |-----7-7---7-7---5-5---7-7---7-7---7-7---5-5---7-----|
 A |-----5-5---5-5---5-5---7-7---5-5---5-5---5-5---7-----| x2

E | -----3-3---5-5-----3-3---5----- |

Wo-o-o-o-o-ah...

Filler:

e | -----
B | -----
G | -----7~-----7-7-7-7~-----
D | -----7~-----7-7-7-7~-----
A | -----5~-----7-7-7-7~-----
E | -----

e | -----
B | -----
G | -----7-7-----
D | -----7-7---5-5---7-7---5-5-----
A | -----5-5---5-5---7-7---5-5-----
E | -----3-3---5-5---3-3-----

wo-ah...

e | -----
B | -----
G | -----7-7-7-----
D | -----7-7-7---5-5-5---7-7-7---5-5-5-----
A | -----5-5-5---5-5-5---7-7-7---5-5-5-----
E | -----3-3-3---5-5-5---3-3 3-----

wo-ah...

e | -----
B | -----
G | -----7-7-7-7-----
D | -----7-7-7-7---5-5-5-5---7-7-7-7---5-5-5-5-----
A | -----5-5-5-5---5-5-5-5---7-7-7-7---5-5-5-5-----
E | -----3-3-3-3---5-5-5-5---3-3-3-3-----

wo-ah...

e | -----
B | -----
G | -----7-7-7-7-----
D | -----7-7-7-7---5-5-5-5---7-7-7-7---5-5-5-5-----
A | -----5-5-5-5---5-5-5-5---7-7-7-7---5-5-5-5-----
E | -----3-3-3-3---5-5-5-5---3-3-3-3-----

Don t just say no...

e | -----
B | -----
G | -----7-7-7-7-----

```

D|-----7-7-7-7---5-5-5-5---7-7-7-7---5~-----|
A|-----5-5-5-5---5-5-5-5---7-7-7-5---5~-----|
E|-----3-3-3-3---5-5-5-5---3~-----|

```

Don t just say no, Come on let go!

Chorus:

```

e|-----|
B|-----|
G|-----7-7---7-7-----7-7---7-7-----|
D|-----7-7---7-7---5-5---7-7---7-7---7-7---5-5---7-----|
A|-----5-5---5-5---5-5---7-7---5-5---5-5---5-5---7-----| x2
E|-----3-3---5-5-----3-3---5-----|

```

Wo-o-o-o-o-ah...

End:

```

e|-----|
B|-----|
G|-----7~-----|
D|-----7~-----|
A|-----5~-----|
E|-----|

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- : -Intro
- : -Verse
- : -Ska Riff
- : -Chrous
- : -Ska Riff 2
- : -Chorus
- : -Filler
- : -Chorus
- : -End

- | ~ Vibrato
- | x Mute note

It can t be much longer
 Can t be much longer
 Won t somebody tell me?
 I m not going under
 Not going under
 Won t somebody save me?

There ain t nobody gonna tell me
 Nobody s gonna say they told me so
 If there s a weight up on my shoulder
 I just let go

You ever slipped up
Been tripped up
Now you re staring at the paper with your lip cut
And you re thinking
That it s useless
Thinking maybe this life don t suit us

Nobody s gonna tell you different
Nobody s got a special way to show
So if you wanna last the distance

[Chorus]

Wo-o-o-o-o-ah,
Wo-o-o-o-o-ah,

Don t you self harm
Pick yourself up
If you re thinking bout moaning just belt up
Think your life needs
Liposuction
At the very least on attitude reduction

Maybe it s time to make a difference
Maybe it s time to say I told you so
If you are gonna last the distance

Wo-o-o-o-o-ah,
Wo-o-o-o-o-ah,

Wo-ah
Wo-ah
wo-ah
wo-ah x3

Don t just say no
Say I think so
Don t just say no
Come on let go!

Wo-o-o-o-o-ah,
Wo-o-o-o-o-ah,