

**The Hurting**  
**Tears for Fears**

Artist: Tears For Fears  
Song: The Hurting  
Album: The Hurting  
Tabbed by: Wiktor R. Kolowiecki  
E-mail: variat11@gmail.com

Intro:

Guitar:

```
E|-----4-----|
B|-----6-----4-----|
G|-6-4---4-----4-----4-|
D|-----4---4---|
A|-----|
E|-----|
```

x2

Bass:

```
G|-----|
D|-----|
A|-----|
E|-9-9-9-9-9-9-9-9-9-9-9-9-7-7-7-7-7-7-4-4-4-4-4-7-11-7-|
```

Verse:

**C#** **B**  
Is it an horrific dream  
**G#m**  
Am I sinking fast  
**C#** **B**  
Could a person be so mean  
**G#m**  
As to laugh and laugh

PreChorus:

**G**  
On my own  
**F#**  
Could you ease my load  
**F**  
Could you see my Pain  
**F#**  
Could you please explain  
The Hurting

(Intro x2)

Verse2:

Could you understand a child  
When he cries in Pain  
Could you give him all he needs  
Or do you feel the same

Prechorus:

All along  
You ve been told you re wrong  
When you feel it right  
And you re left to fight  
The Hurting

Chorus:

**C#**            **B**            **G#m**            **C#**  
The Hurt... hurt... hurt...  
         **B**            **G#m**            **G**            **F#**    **F**    **F#**  
the hurt... hurt... hurt...

Bridge:

**Am**   **Bb**   **Fmaj7**   **G**

**Am**  
Get in line with the things you know

**Bb**  
Feel the Pain  
Feel the sorrow

**Fmaj7**  
Touch the hurt and don t let go

**G**  
don t let go, don t let go

**Am**  
Get in line with the things you know

**Bb**  
Learn to cry  
Like a baby

**Fmaj7**  
Then the hurting won t come back

**G**                    **F#**  
And I m back, and I m back

Chorus(only bass):

**C#**            **B**            **G#m**            **C#**  
The Hurt... hurt... hurt...    x2

(then):

**C#**            **B**            **G#m**            **C#**

(is it an horrific dream)

The Hurt... hurt... hurt... x5 (intro guitar riff starts from 3rd time)

**C#            B            G#m            G    F#   F   F#**

(is it an horrific dream)

The Hurt... hurt... hurt...

**G   F#   F   F#** - repeat till fade

Fmaj7 - x03210 or x33210 or 133210 -(if it s possible :)

I love this song, enjoy !

Lublin, Poland

19.V.2008