

**The Hurting**  
**Tears for Fears**

Artist: Tears For Fears  
Song: The Hurting  
Album: The Hurting  
Tabbed by: Wiktor R. Kolowiecki  
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Intro:

Guitar:

```
E |-----4-----|
B |----6-----4----|
G |-6-4---4-----4-|
D |-----4---4---|
A |-----|
E |-----|
```

x2

Bass:

```
G |-----|
D |-----|
A |-----|
D |-9-9-9-9-9-9-9-9-9-9-7-7-7-7-7-7-4-4-4-4-4-7-11-7-
```

Verse:

**B** **A**  
Is it an horrific dream  
**F#m**  
Am I sinking fast  
**B** **A**  
Could a person be so mean  
**F#m**  
As to laugh and laugh

PreChorus:

**F**  
On my own  
**E**  
Could you ease my load  
**Eb**  
Could you see my Pain  
**E**  
Could you please explain  
The Hurting

(Intro x2)

Verse2:

Could you understand a child  
When he cries in Pain  
Could you give him all he needs  
Or do you feel the same

Prechorus:

All along  
You ve been told you re wrong  
When you feel it right  
And you re left to fight  
The Hurting

Chorus:

**B**            **A**            **F#m**            **B**  
The Hurt... hurt... hurt...  
**A**            **F#m**            **F**            **E**    **Eb**    **E**  
the hurt... hurt... hurt...

Bridge:

**Gm**   **G#**   **Ebmaj7**   **F**

**Gm**

Get in line with the things you know

**G#**

Feel the Pain  
Feel the sorrow

**Ebmaj7**

Touch the hurt and don t let go

**F**

don t let go, don t let go

**Gm**

Get in line with the things you know

**G#**

Learn to cry  
Like a baby

**Ebmaj7**

Then the hurting won t come back

**F**                            **E**

And I m back, and I m back

Chorus(only bass):

**B**            **A**            **F#m**            **B**  
The Hurt... hurt... hurt... x2

(then):

**B**            **A**            **F#m**            **B**

(is it an horrific dream)

The Hurt... hurt... hurt... x5 (intro guitar riff starts from 3rd time)

**B A F#m F E Eb E**

(is it an horrific dream)

The Hurt... hurt... hurt...

**F E Eb E** - repeat till fade

Fmaj7 - x03210 or x33210 or 133210 -(if it s possible :)

I love this song, enjoy !

Lublin, Poland

19.V.2008