

Not Ok

Teenage Bottlerocket

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They Came From Shadows

2009 Fat Wreck Chords

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Key: C

Tuning: Standard EADGBE

Chords used:

C - x32010

G - 320003

Am - x02210

F - 133211

Em - 022000

Intro: C--F-G- x4

Verse:

C **F** **G**
I don t fell alright
C **F** **G**
I ve got a sick feeling inside
C **F** **G**
And now it s happening again
C
Feels like the walls are
 F **G**
closing in And Now I m-

Refrain:

Am **G**
-getting sick of all
 C **F**
the stupid things you do
(stupid things you do)
Am **G**
The promises you made
 C **F**
but never followed through
(never followed through)
Am **G**
And I m surprised you

C **F**
got this far with your IQ
G **F**
You gotta get it
G
through your head

Chorus 1:

C G
It s not OK you can t keep
Am F
fucking around with me
C G
It s not OK you re getting
Am F
on my nerves constantly
C G
It s not OK I wish that
Am F
you would just let me be
Em
The time has come and
F G
gone for you to see
C F G x4
That it s not OK

(Repeat Verse)

(Repeat Refrain)

Chorus 2:

C G
It s not OK you can t keep
Am F
fucking around with me
C G
It s not OK you re getting
Am F
on my nerves constantly
C G
It s not OK I wish that
Am F
you would just let me be
Em
The time has come and
F G
gone for you to see
C--
That it s not OK

Outro:

Am G
I tried to tell myself
C G F
that it would be alright
Am G
But I can t think when
C G F
I can t sleep at night
C G F
I can t sleep at night
G F
whoa You gotta get it
G
through your head

Chorus 3:

It s not OK you can t keep
 Am F
 fucking around with me
 C G
 It s not OK you re getting
 Am F
 on my nerves constantly
 C G
 It s not OK I wish that
 Am F
 you would just let me be
 Em
 The time has come and
 F G
 gone for you to see
 C(hold)
 That it s not OK