

**Take A Walk
The Head and the Heart**

[Intro] 4x

C G Am F

[Verse]

C G Am F

Take a walk, try to relax

C G Am F

It s not as bad as you think

C G Am F

Brush it off, she ll call in the morning

C G Am F

It s not as bad as you think

C G Am F x2

C G Am F

Is it a sign blowin through my mind

C G Am F

Or is it just dust on the road?

C G Am F

Lost and found, turned around

C G Am F

It s just us on the road

C F

[Chorus] 2x

C Am

Why s it so hard to find a piece of mind

C Am

In a world where you re given all of the time

G
Just to find out?

F
Yeah to find out

C Am G

Am C G
Your heart should know

[Bridge]

Am C G
In the mornin ,

Am C G
My head is spinning from the evenin
C G Am

I try to erase you every mornin

[Chorus] x2

C **Am**
Why s it so hard to find a piece of mind
C **Am**
In a world where you re given all of the time
G
Just to find out?
F
Yeah to find out

C Am G

[Outro]

C **Am** **C**
Your heart should know,
C **G**
Should know, know when it s time 2x

(quite strums)

C **G** **Am** **F**
Is it a sign blowin through my mind
C **G** **Am**
Or is it just dust on the road?