

The Bird And The Worm The Used

Verse 1:

Em **Am** **D**
He wears his heart safety pinned to his backpack
Em **D**
His backpack is all that he knows
Em **Am** **D**
Shot down by strangers Whose glances can cripple
Em **Am** **D**
The heart and devour the soul

Chorus:

Em **C**
All alone he turns to stone
G **D** **Am**
While holding his breath half to death
Em **C**
Terrified of what s inside
G **Am** **D** **Em**
To save his life He crawls like a worm from a bird
Am **D** **Em**
Crawls like a worm from a bird

Verse 2:

Em **Am** **D**
Out of his mind The weight pushes him whispering
Em **Am**
Must have been out of his mind
Em **Am** **D**
Mid-day delusions are pushing this out of his
Em **Am**
head Maybe out of his mind
Am **D**
Out of his mind

Chorus:

Em **C**
All alone he turns to stone
G **D** **Am**
While holding his breath half to death
Em **C**
Terrified of what s inside
G **Am** **D** **Em**
To save his life He crawls like a worm from a bird

Am **D** **Em**
Crawls like a worm from a bird

Bridge:

Em **D**
All he knows
Em **D**
If he can't relieve it grows
Em **D**
And so it grows
Em
He crawls like a worm
Em
Crawls like a worm from a bird

Verse 3:

Em **Am** **D**
Out of his mind The weight pushes him whispering
Em **D**
Must have been out of his mind

Chorus:

Em **C**
All alone he turns to stone
G **D** **Am**
While holding his breath half to death
Em **C**
Terrified of what's inside
G **Am** **D** **Em**
To save his life He crawls like a worm from a bird
Am **D** **Em**
Crawls like a worm from a bird

Chorus:

Em **C**
All alone he turns to stone
G **D** **Am**
While holding his breath half to death
Em **C**
Terrified of what's inside
G **Am** **D** **Em**
To save his life He crawls like a worm from a bird
Am **D** **Em**
Crawls like a worm from a bird