

Panic Attack
The Vaccines

Chords to the Teenage Icon b-side. Great song, fairly easy
Chords used:

E A B C#m
e-0---0---2---4-|
b-0---2---4---5-|
g-1---2---4---6-|
D-2---2---4---6-|
A-2---0---2---4-|
E-0---x---x---x-|

Intro:

| **E** | **A** | **B** | **B** | x3
| **E** | **E** | **E** | **E** |

Verse 1:

E A B
Wrap me up in hammered velvet
E A B
Hide under the sheets with me
E A B
Get into the television
E A B
Sugarcoat Reality
E A B
Paralysing trepidation
E A B
I m beaten by anxiety
E A B E
Lift the weight of the world that is hanging on me

Chorus 1:

A E
It s got my body shaking
A E
I m hiding in my room
A C#m
It put me out and on my back
A B
Panic attack

Verse 2:

E A B
You know simply optimistic
E A B
And altogether overcome

E **A** **B**
With self-destructive irritation
E **A** **B**
I resented everyone
E **A** **B**
I was always well-adjusted
E **A** **B**
but I m going down a rabbit hole
E **A** **B** **E**
further and further and further out of control

Chorus 2:

A **E**
And now I m feeling dizzy
A **E**
And I m giving up
A **C#m**
I shut my eyes, the room went black
A **B**
Panic attack

SOLO (verse chords, I think)

Chorus 3:

A **B**
It is all-consuming
A **B**
And now I can t be fucked
A **C#m**
My legs give up and I fall back
A **B**
Panic attack
A **B**
Panic attack

E (strum once)