

**One Way Down**  
**Useless ID**

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One Way Down  
The Lost Broken Bones  
2008 Kung Fu Records  
Submitted by: jeremyunderground41@yahoo.com

Key: **C**

Tuning: Standard EADGBE

Chords used:

**C** - x32010  
**G** - 320003  
**Am** - x02210  
**F** - 133211  
**Em** - 022000  
**E** - 022100

Verse 1:

**Am**                    **F**  
I m covered in  
                         **G**  
the wasted youth  
**Em**  
Tied down to the  
**Am**  
floor I m getting  
**F**                    **G**  
tired of the abuse  
                 **C**           **Em**  
I m coming back  
         F    Am G Em F Am G-- Em  
for more

Verse 2:

**Am**  
You gave me  
**F**  
wrong directions  
**G**  
On a path to  
**Em**  
self destruction  
**Am**                    **F**  
No one around

**G**  
 us could believe  
**C Em F**  
 You wanna let me breath  
**Am G**  
 So there we were  
**Em**  
**A** mark without **A**  
**F Am**  
 trace So there we  
**G Em**  
 were Remembering

Chorus 1:

**Am**  
 We ll hide away  
**F**  
 on different grounds  
**C**  
 While I keep hanging  
**G**  
 on hanging on to you  
**Em**  
 But there s only  
**F C**  
 one way down  
**E Am**  
 We crush into the past  
**F C**  
 There s only one way down  
**E**  
 We crush into the past  
**Am(hold) F(hold) G(Hold) Em(hold)**  
 There s only one  
**Am F G Em**  
 There s only one

Verse 3:

**Am F**  
 You gave me indecision  
**G**  
 Every move with  
**Em**  
 your permission  
**Am F**  
 Lost in a world  
**G**  
 with no sublime  
**C Em**  
 And running out of  
**F Am G**

time So here we are

**Em**

A mark without

**F**            **Am**

a trace So here

**G**            **Em**

we are Remembering

Chorus 2:

**Am**

We ll hide away

**F**

on different grounds

**C**

While I keep hanging

**G**

on hanging on to you

**Em**

But there s only

**F**            **C**

one way down

**E**                      **Am**

We crush into the past

**F**            **C**

There s only one way down

**E**

We crush into the past

F-- (Riff)

There s only one

F--(Riff)

There s only one

Chorus 3:

**F**(Riff continues)

one way down

We crush into the past

There s only one way down

We crush into the

past There s only

**F**            **C**

one way down

**E**                      **Am**

We crush into the past

F            C    E-- E(hold)

There s only one way down

Bridge:

**Am**                      **F**

This is the end of the

**G**

way that I m feeling

**E** **Am**

(feeling) Got caught

**F**

by the words that

**G**

never had meaning

**C**

But I m hanging

**Em**

on to you

Chorus 4:

**F** **C**

one way down

**E** **Am**

We crush into the past

**F** **C**

There s only one way down

**E** **Am**

We crush into the past

**G** **F** **C**

There s only one way down

**E** **Am**

We crush into the past

**G** **F** **C**

There s only one way down

**E** **Am F(hold)**

We crush into the past