

**Stand Up**  
**Yashin**

**E**         **D**         **C**                         **D**  
Pick me up, but I will fall to the next stair

**E**         **D**         **C**                         **D**  
Pick me up, and help me see what you see

**E**         **D**         **C**                         **D**  
And why can't I...

(But you try and you fall down  
And you stay down  
And there's no help)

**E**         **D**         **C**                         **D**  
And try to hide my eyes

(And you try but you fall down  
And you stay down  
And there's no help for you)

**C**  
Stand up and make yourself count

**D**                                                 **E**                         **G**  
Stand up and stop yourself from falling

**C**  
Stand up and make yourself count

**D**                                                 **E**                         **G**  
Stand up and stop yourself from falling

Same for the rest of the song!

Pick me up, but I will fall into next week  
Pick me up, and help me hear what they say to me  
And why can't I...

(But you try and you fall down  
And you stay down  
And there's no help)

And try to hide my eyes  
(And you try but you fall down  
And you stay down  
And there's no help for you)

Stand up and make yourself count  
Stand up and stop yourself from falling  
Stand up and make yourself count  
Stand up and stop yourself from falling

And you try and you fall down  
And you stay down  
And there's no help

Stand up and make yourself count

Stand up and stop yourself from falling  
Stand up and make yourself count  
Stand up and stop yourself from falling